

# STUDENT GUIDANCE AND HEALTH

## 1. Center for Career and Professional Development

The staff assists students and alumni with all facets of career preparation, beginning with university entrance and special placement exams, major course of study selection, career choice and planning, resume preparation, interviewing preparation, goal planning, and full-time employment after graduation. Students have access to online job searching and computerized guidance assessment programs.

### Testing Services

Lamar University Center for Career and Professional Services is a national testing site for Prometric and Pearson Vue. The center offers a full range of testing services for aptitude and achievement and coordinates testing required by the university. Among the tests administered are ACT, TSI, CLEP, GMAT, GRE, and TExES.

- GRE (Graduate Record Examination) General and GRE Subject Exams—used for graduate school admission
- HESI (Health Education Systems, Inc.)—used for admission to undergraduate nursing programs
- STEP 1, 2, 3 (United States Medical Licensing)
- ABFM (American Board of Family Medicine)
- NCE (National Counseling Examination)
- GMAT (Graduate Management Admissions Test)—used for business graduate school admission
- TExES (Texas Examinations of Educator Standards)—used for education assessment
- AWS (Amazon Web Services)
- CompTia
- CPA (Certified Public Accountant)
- FINRA (Financial Industry Regulatory Authority)
- Texas Real Estate
- Texas Insurance

For more information see the [website \(https://www.lamar.edu/career-and-testing-services/\)](https://www.lamar.edu/career-and-testing-services/) or call client services at (409) 880-8878.

## 2. Student Health and Insurance

### 1. Student Health Center

The Student Health Center (SHC) offers medical services, counseling services, and health education to currently enrolled students. All services are available by appointment, Monday through Friday. Appointments can be scheduled by calling (409) 880-8466 or in person at the reception desk. A Student Health Center fee charged to the student upon registration each semester ensures eligibility for Health Center services during that semester. An additional \$10.00 is charged at each visit to a medical provider or counselor, along with reasonably priced lab, pharmacy, and procedure fees. Charges are the responsibility of the student. After-hour care can be found through [local providers \(https://www.lamar.edu/students/student-engagement/student-health-center/community-resources.html\)](https://www.lamar.edu/students/student-engagement/student-health-center/community-resources.html) of medical and counseling services. Please visit the SHC

[website \(https://www.lamar.edu/students/student-engagement/student-health-center/\)](https://www.lamar.edu/students/student-engagement/student-health-center/) for more information.

Nurse practitioners, overseen by a supervising physician, provide general medical services. Female nurse practitioners provide gynecological services. More serious injuries are referred to local emergency rooms, urgent care, or family physician offices. Students with chronic conditions are encouraged to continue to see their primary care physician or specialist for maintenance and medication adjustments. The in-house pharmacy offers limited prescription medications as well as over-the-counter medicines and supplies.

The health center is also staffed with licensed professional counselors who offer short-term psychological counseling and individual therapy.

### 2. Health Insurance

Campus sponsored health insurance is required of all international students and offered to all domestic students. Eligibility requirements apply and can be found on the [Academic Health Plans \(https://lamar.myahpcare.com/\)](https://lamar.myahpcare.com/) (AHP) website along with enrollment forms and other detailed information. All services delivered at the SHC are paid at 100%. Premiums are due at the time of enrollment and are available per semester or on an annual basis.