NUTRITION MINOR

Degree: Minor

Major: Nutrition

Total Hours: 18

The Nutrition program within the Department of Nutrition, Hospitality & Human Services offers the following 18-hour minor (12 hours upper level) for non-majors for inclusion in degree programs by students in other programs or departments.

The Nutrition minor aims to increase knowledge and skill for those interested in improving the nutritional health of individuals or groups across the lifecycle.

Code	Title	Hours
Required Courses		
NUTR 1322	Introductory Nutrition	3
NUTR 3316	Nutrition and Fitness	3
NUTR 3328	Community Nutrition	3
NUTR 4307	Lifecycle Nutrition	3
Select two Approved Electives		6
Total Hours		**18**