

# FAMILY SCIENCE (B.S.)

Degree: Bachelor of Science

Major: Family Science

Total Hours: 120

## Program Coordinator

Dr. Kimberly Wallet

Phone: (409) 880-8970

Email: [kawalletch@lamar.edu](mailto:kawalletch@lamar.edu)

124 Nutrition, Hospitality and Human Services Bldg.

## Program Educational Objectives

- Recognize the elements of healthy relationships and functioning through family research findings.
- Reduce family crises before they occur through awareness and prevention methods.
- Use an informed approach to help individuals, couples and families identify and build on their strengths.
- Strengthen communities by empowering individuals, couples and families to enrich their own well-being.

## Program Student Outcomes

Upon program completion, graduates will be able to:

- Demonstrate proficiency in oral communication.
- Demonstrate a high level of cognitive and written proficiency in the identification and application of course content dealing with family-related issues through projects and assignments.
- Demonstrate mastery in their knowledge of theories related to Family Science, and in their ability to make real-world applications of those theories.

## Curriculum

The Bachelor of Science in Family Science is designed to meet the expanding higher education needs for those interested in the broad human services field, with particular focus on providing a strong foundation for students interested in careers in Marriage and Family Therapy, Family Wellness, Family Intervention, as well as Individual and Family Science thus creating a bridge between formal education and professional practice. Keeping with the mission of Lamar University, the program aims to enhance knowledge and skills of Family Science and other social service professionals, helping them succeed in their aim of lifelong learning in a multicultural world.

Code	Title	Hours
<b>General Education Core Curriculum</b>		
<i>Communication</i>		
ENGL 1301	Composition I	3
Select one of the following:		3
COMM 1315	Public Speaking I	
COMM 1321	Business and Prof Speech	
FREN 1311	Beginning French I	
SPAN 1311	Beginning Spanish I	

*Mathematics*

MATH 1332	Contemporary Mathematics I	3
<i>Life and Physical Sciences</i>		
Select two of the following:		6
BIOL 1308	General Biology (Non-Science Majors)	
BIOL 1315	Plants and Human Society (Non-Majors)	
BIOL 2306	Environmental Science	
CHEM 1306	Chemistry for Allied Health Sciences	
CHEM 1308	Biochemistry for Allied Health Sciences	
CHEM 1311	General Chemistry I	
CHEM 1312	General Chemistry II	
GEOG 1390	Introductory Environmental & Physical Geology	
PHYS 1305	Elementary Physics I Lecture	
PHYS 1307	Elementary Physics II Lecture	
PHYS 1311	Introduction to Astronomy Lecture	
<i>Language, Philosophy and Culture</i>		
Select one of the following:		3
DSDE 1374	Introduction to Deaf Studies	
ENGL 2300	Ethics and Literature	
ENGL 2322	British Literature	
ENGL 2326	American Literature	
ENGL 2331	World Literature	
ENGL 2376	African-American Literature	
FREN 2312	Intermediate French II	
PHIL 1370	Philosophy of Knowledge	
PHIL 2306	Ethics	
SPAN 2312	Intermediate Spanish II	
<i>Creative Arts</i>		
Select one of the following:		3
ARTS 1301	Art Appreciation	
ARTS 1303	Art History I	
COMM 1375	Film Appreciation	
COSC 1324	The Art of Computer Game Development	
DANC 2303	Dance Appreciation	
MUSI 1306	Music Appreciation	
MUSI 1309	Jazz History and Appreciation	
MUSI 1310	History of Rock and Roll	
PHIL 1330	Arts and Ideas	
THEA 1310	Theatre Appreciation	
<i>American History</i>		
Select two of the following:		6
HIST 1301	U S History I 1763-1877	
HIST 1302	U S History II Since 1877	
HIST 2301	Texas History	
<i>Government/Political Science</i>		
POLS 2301	Intro to American Government I	3
POLS 2302	Intro/American Government II	3
<i>Social and Behavioral Sciences</i>		
Select one of the following:		3
ANTH 2346	Introduction to Anthropology	
ANTH 2351	Cultural Anthropology	
BULW 1370	Business Environment and Public Policy	
CRIJ 1301	Intro to Criminal Justice	

ECON 1301	Principles and Policies	
ECON 2301	Principles of Economics I Macro	
ECON 2302	Principles of Economics II Micro	
FINC 2310	Intro to Consumer Finance	
INEN 2373	Engineering Economics	
POLS 1301	Intro to Political Science	
PSYC 2301	General Psychology	
PSYC 2315	Lifespan Development	
SOCI 1301	Introduction to Sociology	
SOWK 2361	Intro Social Work	
<i>Component Area Option</i>		
ENGL 1302	Composition II	3
MATH 1342	Elementary Statistical Methods	3
<b>Required Major Courses</b>		
COSC 1371	Microcomputers	3
NUTR 1322	Introductory Nutrition	3
FMSC 1377	Intimate Relationships	3
FMSC 2306	Historical Context of Families	3
FMSC 2316	Community Resources	3
FMSC 3318	Family Sexuality	3
FMSC 3335	Contemporary Family Issues	3
FMSC 3340	Child Development	3
FMSC 3341	Adult Development	3
FMSC 3375	Family Policy	3
FMSC 4305	Diverse Family Structures	3
FMSC 4320	Fam Life Ed Methods & Practice	3
FMSC 4323	Admin of Programs	3
FMSC 4326	Family Violence	3
FMSC 4327	Parent-Child Relationships	3
FMSC 4329	Family Interaction	3
NHHS 4301	Professional Development	3
NHHS 4367	Field Experience	3
Eight electives		24
<b>Total Hours</b>		<b>120</b>

<b>First Year</b>		
<b>Fall</b>		
FMSC 1377	Intimate Relationships	3
ENGL 1301	Composition I	3
COSC 1371	Microcomputers	3
HIST 1301	U S History I 1763-1877	3
NUTR 1322	Introductory Nutrition	3
<b>Hours</b>		<b>15</b>

<b>Spring</b>		
Communication Core		3
MATH 1332	Contemporary Mathematics I	3
Social/Behavioral Science Core		3
ENGL 1302	Composition II	3
HIST 1302	U S History II Since 1877	3
<b>Hours</b>		<b>15</b>

<b>Second Year</b>		
<b>Fall</b>		
POLS 2301	Intro to American Government I	3
Language, Phil, Culture Core		3
MATH 1342	Elementary Statistical Methods	3
Life/Physical Science Core		3

Elective, Transfer Credit, or Minor		3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
POLS 2302	Intro/American Government II	3
FMSC 2306	Historical Context of Families	3
FMSC 2316	Community Resources	3
Life/Physical Science Core		3
Creative Arts Core		3
<b>Hours</b>		<b>15</b>
<b>Third Year</b>		
<b>Fall</b>		
Elective, Transfer Credit, or Minor <sup>1</sup>		6
FMSC 3340	Child Development	3
FMSC 3318	Family Sexuality	3
FMSC 3335	Contemporary Family Issues	3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
Elective, Transfer Credit, or Minor <sup>1</sup>		9
FMSC 3341	Adult Development	3
FMSC 3375	Family Policy	3
<b>Hours</b>		<b>15</b>
<b>Fourth Year</b>		
<b>Fall</b>		
FMSC 4327	Parent-Child Relationships	3
FMSC 4305	Diverse Family Structures	3
FMSC 4320	Fam Life Ed Methods & Practice	3
Elective, Transfer Credit, or Minor <sup>1</sup>		6
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
NHHS 4301	Professional Development	3
NHHS 4367	Field Experience	3
FMSC 4323	Admin of Programs	3
FMSC 4326	Family Violence	3
FMSC 4329	Family Interaction	3
<b>Hours</b>		<b>15</b>
<b>Total Hours</b>		<b>120</b>

<sup>1</sup> Up to 42 technical credits from AAS in Early Childhood Development, Family Science, or Human Development.