

FAMILY STUDIES (B.S.)

Degree: Bachelor of Science

Major: Family Studies

Total Hours: 120

Program Coordinator

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Program Educational Objectives

- Recognize the elements of healthy relationships and functioning through family research findings.
- Reduce family crises before they occur through awareness and prevention methods.
- Use an informed approach to help individuals, couples and families identify and build on their strengths.
- Strengthen communities by empowering individuals, couples and families to enrich their own well-being.

Program Student Outcomes

Upon program completion, graduates will be able to:

- Demonstrate proficiency in oral communication.
- Demonstrate a high level of cognitive and written proficiency in the identification and application of course content dealing with family-related issues through projects and assignments.
- Demonstrate mastery in their knowledge of theories related to Family Studies, and in their ability to make real-world applications of those theories.

Curriculum

The Bachelor of Science in Family Studies is designed to meet the expanding higher education needs for those interested in the broad human services field, with particular focus on providing a strong foundation for students interested in careers in Marriage and Family Therapy, Family Wellness, Family Intervention, as well as Individual and Family Services thus creating a bridge between formal education and professional practice. Keeping with the mission of Lamar University, the program aims to enhance knowledge and skills of Family Studies and other social service professionals, helping them succeed in their aim of lifelong learning in a multicultural world.

Code	Title	Hours
General Education Core Curriculum		
<i>Communication</i>		
ENGL 1301	Composition I	3
Select one of the following:		3
COMM 1315	Public Speaking I	
COMM 1321	Business and Professional Speech	
DSDE 1371	ASL I	
FREN 1311	Beginning French I	
SPAN 1311	Beginning Spanish I	
<i>Mathematics</i>		
MATH 1332	Contemporary Mathematics I	3

Life and Physical Sciences

Select two of the following: 6

BIOL 1308	General Biology (Non-Science Majors)
BIOL 1315	Plants and Human Society (Non-Majors)
BIOL 2306	Environmental Science
CHEM 1306	Chemistry for Allied Health Sciences
CHEM 1308	Biochemistry for Allied Health Sciences
CHEM 1311	General Chemistry I
CHEM 1312	General Chemistry II
GEOL 1390	Introductory Environmental & Physical Geology
PHYS 1305	Elementary Physics I Lecture
PHYS 1307	Elementary Physics II Lecture
PHYS 1311	Introduction to Astronomy Lecture
SPSC 1301	Space Exploration
SPSC 1401	Space Science

Language, Philosophy and Culture

Select one of the following: 3

DSDE 1374	Introduction to Deaf Studies
ENGL 2300	Close Reading II
ENGL 2322	British Literature
ENGL 2326	American Literature
ENGL 2331	World Literature
ENGL 2376	African-American Literature
FREN 2312	Intermediate French II
PHIL 1370	Philosophy of Knowledge
PHIL 2306	Ethics
SPAN 2312	Intermediate Spanish II

Creative Arts

Select one of the following: 3

ARTS 1301	Art Appreciation
ARTS 1303	Art History I
COMM 1375	Film Appreciation
COSC 1324	The Art of Computer Game Development
DANC 2304	Dance Appreciation
MUSI 1306	Music Appreciation
MUSI 1309	Jazz History and Appreciation
MUSI 1310	History of Rock and Roll
PHIL 1330	Arts and Ideas
THEA 1310	Theatre Appreciation

American History

Select two of the following: 6

HIST 1301	U S History I 1763-1877
HIST 1302	U S History II Since 1877
HIST 2301	Texas History

Government/Political Science

POLS 2301	Intro to American Government I	3
POLS 2302	Intro/American Government II	3

Social and Behavioral Sciences

Select one of the following: 3

ANTH 2346	Introduction to Anthropology
ANTH 2351	Cultural Anthropology
BULW 1370	Business Environment and Public Policy

CRIJ 1301	Intro to Criminal Justice	
ECON 1301	Principles and Policies	
ECON 2301	Principles of Economics I Macro	
ECON 2302	Principles of Economics II Micro	
FINC 2310	Intro to Consumer Finance	
INEN 2373	Engineering Economics	
POLS 1301	Intro to Political Science	
PSYC 2301	General Psychology	
PSYC 2315	Lifespan Development	
SOCI 1301	Introduction to Sociology	
SOWK 2361	Intro Social Work	

Component Area Option

ENGL 1302	Composition II	3
MATH 1342	Statistics	3
or PSYC 2317	Introduction to Statistical Methods	

Required Major Courses

COSC 1371	Microcomputers	3
FCSC 4301	Senior Seminar Professional Development	3
FCSC 4367	Field Experience	3
FMST 1377	Intimate Relationships	3
FMST 2306	Historical Context of Families	3
FMST 2316	Community Resources	3
FMST 3302	The Whole Child	3
FMST 3340	Human Development I	3
FMST 3341	Human Development II	3
FMST 4327	Parent-Child Relationships	3
FMST 4329	Family Interaction	3
FMST 4305	Diverse Family Structures	3
FMST 4323	Administration of Programs	3
FMST 4326	Family Violence	3
FMST 4335	Contemporary Family Issues	3
NUTR 1322	Basic Nutrition	3
NUTR 4307	Nutrition Through the Life Cycle	3
HLTH 3378	Human Sexuality	3
or SOCI 3340	Sociology of Sexuality	

Supporting Courses

Eight electives, a minimum of three of which must be upper level	24
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Total Hours 120

Course	Title	Hours
First Year		
Fall		
FMST 1377	Intimate Relationships	3
NUTR 1322	Basic Nutrition	3
ENGL 1301	Composition I	3
COSC 1371	Microcomputers	3
MATH 1332	Contemporary Mathematics I	3
Hours		15
Spring		
FMST 2316	Community Resources	3
Select one Communication Core course from the following: ¹		3
COMM 1315	Public Speaking I	
COMM 1321	Business and Professional Speech	
DSDE 1371	ASL I	
FREN 1311	Beginning French I	

SPAN 1311	Beginning Spanish I	
ENGL 1302	Composition II	3
Select one Creative Arts Core course from the following: ¹		3
ARTS 1301	Art Appreciation	
ARTS 1303	Art History I	
COMM 1375	Film Appreciation	
DANC 2304	Dance Appreciation	
MUSI 1306	Music Appreciation	
MUSI 1310	History of Rock and Roll	
PHIL 1330	Arts and Ideas	
THEA 1310	Theatre Appreciation	
Select one Social/Behavioral Sciences Core course from the following: ¹		3
ECON 1301	Principles and Policies	
ECON 2301	Principles of Economics I Macro	
ECON 2302	Principles of Economics II Micro	
BULW 1370	Business Environment and Public Policy	
PSYC 2301	General Psychology	
SOCI 1301	Introduction to Sociology	
Hours		15

Second Year

Fall

FMST 3340	Human Development I	3
POLS 2301	Intro to American Government I	3
HIST 1301	U S History I 1763-1877	3
Select one Language, Phil, Culture Core Course from the following: ¹		3
ENGL 2300	Close Reading II	
ENGL 2322	British Literature	
ENGL 2326	American Literature	
ENGL 2331	World Literature	
ENGL 2376	African-American Literature	
PHIL 1370	Philosophy of Knowledge	
PHIL 2306	Ethics	
PSYC 2317	Introduction to Statistical Methods ¹	3
or MATH 1342	or Statistics	
Hours		15

Spring

FMST 2306	Historical Context of Families	3
POLS 2302	Intro/American Government II	3
FMST 3341	Human Development II	3
Select one Science Core course from the following: ¹		3
BIOL 1308	General Biology (Non-Science Majors)	
BIOL 1315	Plants and Human Society (Non-Majors)	
BIOL 2306	Environmental Science	
CHEM 1306	Chemistry for Allied Health Sciences	
CHEM 1308	Biochemistry for Allied Health Sciences	
CHEM 1311	General Chemistry I	
CHEM 1312	General Chemistry II	
GEOL 1390	Introductory Environmental & Physical Geology	
PHYS 1305	Elementary Physics I Lecture	
PHYS 1307	Elementary Physics II Lecture	
PHYS 1311	Introduction to Astronomy Lecture	
SPSC 1301	Space Exploration	
HIST 1302	U S History II Since 1877	3
Hours		15

Third Year

Fall

FMST 4329	Family Interaction	3
FMST 4327	Parent-Child Relationships	3
Select one Science Core course from the following: ¹		3
BIOL 1308	General Biology (Non-Science Majors)	
BIOL 1315	Plants and Human Society (Non-Majors)	
BIOL 2306	Environmental Science	

CHEM 1306	Chemistry for Allied Health Sciences	
CHEM 1308	Biochemistry for Allied Health Sciences	
CHEM 1311	General Chemistry I	
CHEM 1312	General Chemistry II	
GEOL 1390	Introductory Environmental & Physical Geology	
PHYS 1305	Elementary Physics I Lecture	
PHYS 1307	Elementary Physics II Lecture	
PHYS 1311	Introduction to Astronomy Lecture	
SPSC 1301	Space Exploration	
HLTH 3378 or SOCI 3340	Human Sexuality ¹ or Sociology of Sexuality	3
Elective ¹		3
Hours		15
Spring		
FMST 3302	The Whole Child	3
FMST 4326	Family Violence	3
NUTR 4307	Nutrition Through the Life Cycle	3
Elective ¹		3
Elective ¹		3
Hours		15
Fourth Year		
Fall		
FMST 4335	Contemporary Family Issues	3
FMST 4305	Diverse Family Structures	3
Elective ¹		3
Elective ¹		3
Upper Level Elective ¹		3
Hours		15
Spring		
FCSC 4367	Field Experience	3
FCSC 4301	Senior Seminar Professional Development	3
FMST 4323	Administration of Programs	3
Upper Level Elective ¹		3
Upper Level Elective ¹		3
Hours		15
Total Hours		120

¹ Please consult with your advisor for best options.