FAMILY STUDIES (B.S.)

Degree: Bachelor of Science

Major. Family Studies

Total Hours: 120

Program Coordinator

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Program Educational Objectives

- a. Recognize the elements of healthy relationships and functioning through family research findings.
- b. Reduce family crises before they occur through awareness and prevention methods.
- c. Use an informed approach to help individuals, couples and families identify and build on their strengths.
- d. Strengthen communities by empowering individuals, couples and families to enrich their own well-being.

Program Student Outcomes

Upon program completion, graduates will be able to:

- a. Demonstrate proficiency in oral communication.
- b. Demonstrate a high level of cognitive and written proficiency in the identification and application of course content dealing with familyrelated issues through projects and assignments.
- Demonstrate mastery in their knowledge of theories related to Family Studies, and in their ability to make real-world applications of those theories.

Curriculum

The Bachelor of Science in Family Studies is designed to meet the expanding higher education needs for those interested in the broad human services field, with particular focus on providing a strong foundation for students interested in careers in Marriage and Family Therapy, Family Wellness, Family Intervention, as well as Individual and Family Services thus creating a bridge between formal education and professional practice. Keeping with the mission of Lamar University, the program aims to enhance knowledge and skills of Family Studies and other social service professionals, helping them succeed in their aim of lifelong learning in a multicultural world.

Code	Title	Hours
General Education	n Core Curriculum	
Communication		
ENGL 1301	Composition I	3
Select one of the	following:	3
COMM 1315	Public Speaking I	
COMM 1321	Business and Professional Speech	
DSDE 1371	ASLI	
FREN 1311	Beginning French I	
SPAN 1311	Beginning Spanish I	
Mathematics		
MATH 1332	Contemporary Mathematics I	3

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Life and Physical		
Select two of the		6
BIOL 1308	General Biology (Non-Science Majors)	
BIOL 1315	Plants and Human Society (Non-Majors)	
BIOL 2306	Environmental Science	
CHEM 1306	Chemistry for Allied Health Sciences	
CHEM 1308	Biochemistry for Allied Health Sciences	
CHEM 1311	General Chemistry I	
CHEM 1312	General Chemistry II	
GEOL 1390	Introductory Environmental & Physical Geology	
PHYS 1305	Elementary Physics I Lecture	
PHYS 1307	Elementary Physics II Lecture	
PHYS 1311	Introduction to Astronomy Lecture	
SPSC 1301	Space Exploration	
SPSC 1401	Space Science	
Language, Philoso		
Select one of the	5	3
DSDE 1374	Introduction to Deaf Studies	
ENGL 2300	Close Reading II	
ENGL 2322	British Literature	
ENGL 2326	American Literature	
ENGL 2331	World Literature	
ENGL 2376	African-American Literature	
FREN 2312	Intermediate French II	
PHIL 1370	Philosophy of Knowledge	
PHIL 2306	Ethics	
SPAN 2312	Intermediate Spanish II	
Creative Arts		
Select one of the	following:	3
ARTS 1301	Art Appreciation	
ARTS 1303	Art History I	
COMM 1375	Film Appreciation	
COSC 1324	The Art of Computer Game Development	
DANC 2304	Dance Appreciation	
MUSI 1306	Music Appreciation	
MUSI 1309	Jazz History and Appreciation	
MUSI 1310	History of Rock and Roll	
PHIL 1330	Arts and Ideas	
THEA 1310	Theatre Appreciation	
American Histroy		
Select two of the	following:	6
HIST 1301	U S History I 1763-1877	
HIST 1302	U S History II Since 1877	
HIST 2301	Texas History	
Government/Polit	ical Science	
POLS 2301	Intro to American Government I	3
POLS 2302	Intro/American Government II	3
Social and Behavi	ioral Sciences	
Select one of the	following:	3
	Introduction to Anthropology	
ANTH 2346	introduction to Antihopology	
ANTH 2346 ANTH 2351	Cultural Anthropology	

Family Studies (B.S.)

CRIJ 1301	Intro to Criminal Justice		ENGL 1302	Composition II
ECON 1301	ECON 1301 Principles and Policies		Select one Creative Arts Core course from the following: 1	
ECON 2301	Principles of Economics I Macro		ARTS 1301	Art Appreciation
ECON 2302	Principles of Economics II Micro		ARTS 1303	Art History I
FINC 2310	Intro to Consumer Finance		COMM 1375	Film Appreciation
INEN 2373			DANC 2304 MUSI 1306	Dance Appreciation
	Engineering Economics		MUSI 1310	Music Appreciation History of Rock and Roll
POLS 1301	Intro to Political Science		PHIL 1330	Arts and Ideas
PSYC 2301	General Psychology		THEA 1310	Theatre Appreciation
PSYC 2315	Lifespan Development			vioral Sciences Core course from the following: 1
SOCI 1301	Introduction to Sociology		ECON 1301	Principles and Policies
SOWK 2361	Intro Social Work		ECON 2301	Principles of Economics I Macro
Component Area (Option		ECON 2302	Principles of Economics II Micro
ENGL 1302	Composition II	3	BULW 1370	Business Environment and Public Policy
MATH 1342	Statistics	3	PSYC 2301	General Psychology
Required Major C			SOCI 1301	Introduction to Sociology
COSC 1371		3		Hours
	Microcomputers		Second Year	
FCSC 4301	Senior Seminar Professional Development	3	Fall	
FCSC 4367	Field Experience	3	FMST 3340	Human Development I
FMST 1377	Intimate Relationships	3	POLS 2301 HIST 1301	Intro to American Government I
FMST 2306	Historical Context of Families	3		U S History I 1763-1877 hil, Culture Core Course from the following: 1
FMST 2316	Community Resources	3	ENGL 2300	Close Reading II
FMST 3302	The Whole Child	3	ENGL 2322	British Literature
FMST 3340	Human Development I	3	ENGL 2326	American Literature
FMST 3341	Human Development II	3	ENGL 2331	World Literature
FMST 4327	Parent-Child Relationships	3	ENGL 2376	African-American Literature
			PHIL 1370	Philosophy of Knowledge
FMST 4329	Family Interaction	3	PHIL 2306	Ethics
FMST 4305	Diverse Family Structures	3	MATH 1342	Statistics
FMST 4305 FMST 4323	Diverse Family Structures Administration of Programs	3	MATH 1342	Statistics Hours
	,		Spring	Hours
FMST 4323	Administration of Programs	3	Spring FMST 2306	Hours Historical Context of Families
FMST 4323 FMST 4326	Administration of Programs Family Violence	3	Spring FMST 2306 POLS 2302	Hours Historical Context of Families Intro/American Government II
FMST 4323 FMST 4326 FMST 4335	Administration of Programs Family Violence Contemporary Family Issues	3 3 3	Spring FMST 2306 POLS 2302 FMST 3341	Historical Context of Families Intro/American Government II Human Development II
FMST 4323 FMST 4326 FMST 4335 NUTR 1322	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle	3 3 3 3	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core	Hours Historical Context of Families Intro/American Government II Human Development II e course from the following: 1
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality	3 3 3	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308	Hours Historical Context of Families Intro/American Government II Human Development II course from the following: 1 General Biology (Non-Science Majors)
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality	3 3 3 3	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315	Hours Historical Context of Families Intro/American Government II Human Development II e course from the following: 1
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality	3 3 3 3 3	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308	Hours Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors)
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality	3 3 3 3 3 3	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306	Hours Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality	3 3 3 3 3	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306	Hours Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level	3 3 3 3 3 3 24	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308	Hours Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality	3 3 3 3 3 3	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311	Hours Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry I
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level	3 3 3 3 3 3 24	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311 CHEM 1312	Historical Context of Families Intro/American Government II Human Development II e course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level	3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture
FMST 4323 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311	Historical Context of Families Intro/American Government II Human Development II e course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships	3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301	Historical Context of Families Intro/American Government II Human Development II e course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302	Historical Context of Families Intro/American Government II Human Development II e course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers Contemporary Mathematics I	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year Fall	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877 Hours
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371 MATH 1332	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers Contemporary Mathematics I	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year Fall FMST 4329	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877 Hours Family Interaction
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371 MATH 1332 Spring FMST 2316 Select one Communication	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers Contemporary Mathematics I Hours Community Resources attion Core course from the following: 1	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year Fall FMST 4329 FMST 4327	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877 Hours Family Interaction Parent-Child Relationships
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371 MATH 1332 Spring FMST 2316 Select one Communication COMM 1315	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers Contemporary Mathematics I Hours Community Resources attion Core course from the following: 1 Public Speaking I	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year Fall FMST 4329 FMST 4327	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877 Hours Family Interaction
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371 MATH 1332 Spring FMST 2316 Select one Communication COMM 1315 COMM 1321	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers Contemporary Mathematics I Hours Community Resources ution Core course from the following: 1 Public Speaking I Business and Professional Speech	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year Fall FMST 4329 FMST 4327 Select one Science Core	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics II Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877 Hours Family Interaction Parent-Child Relationships course from the following: 1
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371 MATH 1332 Spring FMST 2316 Select one Communication COMM 1315 COMM 1321 DSDE 1371	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers Contemporary Mathematics I Hours Community Resources Intimate Core course from the following: 1 Public Speaking I Business and Professional Speech ASL I	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year Fall FMST 4329 FMST 4327 Select one Science Core BIOL 1308	Historical Context of Families Intro/American Government II Human Development II course from the following: 1 General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics I Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877 Hours Family Interaction Parent-Child Relationships course from the following: 1 General Biology (Non-Science Majors)
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371 MATH 1332 Spring FMST 2316 Select one Communication COMM 1315 COMM 1321 DSDE 1371 FREN 1311	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers Contemporary Mathematics I Hours Community Resources stion Core course from the following: 1 Public Speaking I Business and Professional Speech ASL I Beginning French I	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year Fall FMST 4329 FMST 4327 Select one Science Core BIOL 1308 BIOL 1315	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics I Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877 Hours Family Interaction Parent-Child Relationships course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors)
FMST 4323 FMST 4326 FMST 4326 FMST 4335 NUTR 1322 NUTR 4307 HLTH 3378 or SOCI 3340 Supporting Course Eight electives, a Total Hours Course First Year Fall FMST 1377 NUTR 1322 ENGL 1301 COSC 1371 MATH 1332 Spring FMST 2316 Select one Communication COMM 1315 COMM 1321 DSDE 1371	Administration of Programs Family Violence Contemporary Family Issues Basic Nutrition Nutrition Through the Life Cycle Human Sexuality Sociology of Sexuality es minimum of three of which must be upper level Title Intimate Relationships Basic Nutrition Composition I Microcomputers Contemporary Mathematics I Hours Community Resources Intimate Core course from the following: 1 Public Speaking I Business and Professional Speech ASL I	3 3 3 3 3 3 4 120 Hours	Spring FMST 2306 POLS 2302 FMST 3341 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306 CHEM 1308 CHEM 1311 CHEM 1312 GEOL 1390 PHYS 1305 PHYS 1307 PHYS 1311 SPSC 1301 HIST 1302 Third Year Fall FMST 4329 FMST 4327 Select one Science Core BIOL 1308 BIOL 1315 BIOL 2306	Historical Context of Families Intro/American Government II Human Development II course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science Chemistry for Allied Health Sciences Biochemistry for Allied Health Sciences General Chemistry I General Chemistry II Introductory Environmental & Physical Geology Elementary Physics I Lecture Elementary Physics I Lecture Introduction to Astronomy Lecture Space Exploration U S History II Since 1877 Hours Family Interaction Parent-Child Relationships course from the following: General Biology (Non-Science Majors) Plants and Human Society (Non-Majors) Environmental Science

	Total Hours	120
	Hours	15
Upper Level Elective ¹		3
Upper Level Elective ¹		3
FMST 4323	Administration of Programs	3
FCSC 4301	Senior Seminar Professional Development	3
FCSC 4367	Field Experience	3
Spring	Hours	15
Upper Level Elective ¹		3
Elective ¹		3
Elective 1		3
FMST 4305	Diverse Family Structures	3
FMST 4335	Contemporary Family Issues	3
Fourth Year Fall		
	Hours	15
Elective ¹		3
Elective ¹		3
NUTR 4307	Nutrition Through the Life Cycle	3
FMST 4326	Family Violence	3
Spring FMST 3302	The Whole Child	3
	Hours	15
Elective ¹		3
or SOCI 3340	or Sociology of Sexuality	
HLTH 3378	Human Sexuality ¹	3
SPSC 1301	Space Exploration	
PHYS 1311	Introduction to Astronomy Lecture	
PHYS 1307	Elementary Physics II Lecture	
PHYS 1305	Elementary Physics I Lecture	
GEOL 1390	Introductory Environmental & Physical Geology	
CHEM 1312	General Chemistry II	
CHEM 1311	General Chemistry I	

 $^{^{\}scriptsize 1}\,$ Please consult with your advisor for best options.