

# PHYSICAL EDUCATION TEACHER EDUCATION (B.S.)

Degree: Bachelor of Science

Major: Physical Education Teacher Education

Total Hours: 120

## Program Coordinator

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Bachelor of Science in Teacher Education (Option 1 Teacher Certification) - 120 Hours

Bachelor of Science in Teacher Education (Option 2 Non-Certification) - 120 Hours

## Entrance Requirements for all Undergraduate Majors

- Entering freshmen who meet the university's general entrance requirements may be admitted to the Department of Health and Kinesiology.
- Transfer students who wish to enter the Physical Education Teacher Education Certification program must have a minimum 2.75 GPA on all work attempted.
- Transfer students who wish to enter the Physical Education Teacher Education Non-Certification program must have a minimum 2.0 GPA on all work attempted.

## Physical Education Teacher Certification (PETE)

### Option 1: Physical Education Teacher Education Certification Program (PETC)

The Physical Education Teacher Education Certification program of study prepares the student for a teaching career in Physical Education. The Physical Education Teacher Education program leads to EC-12 Physical Education Certification. The course of study leading to a baccalaureate degree and teacher certification in Physical Education encompasses three areas of work:

- the required block of general education core courses - 42 semester hours, and,
- the required block of professional theory courses (HLTH & KINT) and elective - 57 semester hours, and,
- the required block of professional pedagogy courses (PEDG) - 21 semester hours.

A student must have completed the English, Mathematics, Biology (C or better), Political Science, and History General Education Requirements prior to enrolling in the 3000- and 4000-level professional theory courses (KINT). A grade of "C" or better must be earned in each of the professional theory courses (HLTH & KINT). For teacher certification, the required blocks of professional pedagogy (PEDG) courses are READ 3326 Content Area Reading, PEDG 3300 Human Development and Learning, PEDG 3380 Secondary Curriculum and Methodology, PEDG 4340 Managing Early Childhood Classroom Environment, PEDG 4630 Student Teaching Special and PEDG 2310 Introduction to Teacher Education. A student must be

admitted to the College of Education and Human Development's teacher education program with a GPA of 2.75 before enrolling in professional development courses (PEDG 2310 Introduction to Teacher Education is taken prior to admission into the teacher education program).

### Option 2: Physical Education Non-Certification Program (PETN)

The Physical Education Teacher Education Non-Certification program of study prepares the student for various careers in Physical Education and sport. The non-certification option prepares students for careers in sport and coaching in the public or private sector. The course of study leading to a baccalaureate degree non-certification has three areas of work:

- the required block of general education core courses - 42 semester hours, and,
- the required block of professional theory courses (HLTH & KINT) and elective - 57 semester hours, and,
- the required block of Coaching courses – 21hr-minor.

A student must have completed the English, Mathematics, Biology (C or better) in the General Education Requirements prior to enrolling in the 3000- and 4000-level professional theory courses (KINT). A grade of "C" or better must be earned in each of the professional theory courses (HLTH & KINT).

| Code  | Title                            | Hours |
|---|----------------------------------|-------|
| <b>General Education Core Curriculum</b>      |                                  |       |
| <i>Communication</i>                          |                                  |       |
| ENGL 1301                                     | Composition I                    | 3     |
| Select one of the following:                  |                                  | 3     |
| COMM 1315                                     | Public Speaking I                |       |
| COMM 1321                                     | Business and Professional Speech |       |
| DSDE 1371                                     | ASL I                            |       |
| FREN 1311                                     | Beginning French I               |       |
| SPAN 1311                                     | Beginning Spanish I              |       |
| <i>Mathematics</i>                            |                                  |       |
| Select one of the following:                  |                                  | 3     |
| MATH 1314                                     | College Algebra(Non-Calculus)    |       |
| MATH 1316                                     | Trigonometry                     |       |
| <i>Life and Physical Sciences<sup>1</sup></i> |                                  |       |
| BIOL 2401                                     | Anatomy and Physiology I         | 4     |
| BIOL 2402                                     | Anatomy and Physiology II        | 4     |
| <i>Language, Philosophy and Culture</i>       |                                  |       |
| Select one of the following:                  |                                  | 3     |
| DSDE 1374                                     | Introduction to Deaf Studies     |       |
| ENGL 2300                                     | Close Reading II                 |       |
| ENGL 2322                                     | British Literature               |       |
| ENGL 2326                                     | American Literature              |       |
| ENGL 2331                                     | World Literature                 |       |
| ENGL 2376                                     | African-American Literature      |       |
| FREN 2312                                     | Intermediate French II           |       |
| PHIL 1370                                     | Philosophy of Knowledge          |       |
| PHIL 2306                                     | Ethics                           |       |
| SPAN 2312                                     | Intermediate Spanish II          |       |
| <i>Creative Arts</i>                          |                                  |       |
| Select one of the following:                  |                                  | 3     |

|                                       |   |   |
|---------------------------------------|---|---|
| ARTS 1301                             | Art Appreciation                          |   |
| ARTS 1303                             | Art History I                             |   |
| COMM 1375                             | Film Appreciation                         |   |
| COSC 1324                             | The Art of Computer Game Development      |   |
| DANC 2304                             | Dance Appreciation                        |   |
| MUSI 1306                             | Music Appreciation                        |   |
| MUSI 1309                             | Jazz History and Appreciation             |   |
| MUSI 1310                             | History of Rock and Roll                  |   |
| PHIL 1330                             | Arts and Ideas                            |   |
| <i>American History</i>               |   |   |
| Select two of the following:          |   | 6 |
| HIST 1301                             | U S History I 1763-1877                   |   |
| HIST 1302                             | U S History II Since 1877                 |   |
| HIST 2301                             | Texas History                             |   |
| <i>Government/Political Science</i>   |   |   |
| POLS 2301                             | Intro to American Government I            | 3 |
| POLS 2302                             | Intro/American Government II              | 3 |
| <i>Social and Behavioral Sciences</i> |   |   |
| Select one of the following:          |   | 3 |
| ANTH 2346                             | Introduction to Anthropology              |   |
| ANTH 2351                             | Cultural Anthropology                     |   |
| BULW 1370                             | Business Environment and Public Policy    |   |
| CRIJ 1301                             | Intro to Criminal Justice                 |   |
| ECON 1301                             | Principles and Policies                   |   |
| ECON 2301                             | Principles of Economics I Macro           |   |
| ECON 2302                             | Principles of Economics II Micro          |   |
| FINC 2310                             | Intro to Consumer Finance                 |   |
| INEN 2373                             | Engineering Economics                     |   |
| POLS 1301                             | Intro to Political Science                |   |
| PSYC 2301                             | General Psychology                        |   |
| PSYC 2315                             | Lifespan Development                      |   |
| SOCI 1301                             | Introduction to Sociology                 |   |
| SOWK 2361                             | Intro Social Work                         |   |
| <i>Component Area Option</i>          |   |   |
| ENGL 1302                             | Composition II                            | 3 |
| PSYC 2317                             | Introduction to Statistical Methods       | 3 |
|                                       | or MATH 1342 Statistics                   |   |
| <b>Required Major Courses</b>         |   |   |
| <i>Major Courses</i>                  |   |   |
| KINT 1301                             | Introduction to Kinesiology               | 3 |
| KINT 2371                             | Functional Anatomy/Physiology             | 3 |
| KINT 2376                             | Care and Prevention of Sports Injuries    | 3 |
| KINT 2377                             | Lifetime Physical Activity                | 3 |
| KINT 2378                             | Applied Fitness Concepts                  | 3 |
| KINT 3310                             | Wellness Strategies                       | 3 |
| KINT 3315                             | Biomechanics                              | 3 |
| KINT 3320                             | Management Skills                         | 3 |
| KINT 3330                             | Exercise Physiology                       | 3 |
| KINT 3130                             | Exercise Physiology Lab                   | 1 |
| KINT 3350                             | Inclusive and Adaptive Physical Education | 3 |
| KINT 3360                             | Secondary Methods and Activities          | 3 |
| KINT 3370                             | Motor Development                         | 3 |

|                                  |                                   |            |
|----------------------------------|-----------------------------------|------------|
| KINT 3390                        | Elementary Methods and Activities | 3          |
| KINT 4310                        | Curriculum and Programming        | 3          |
| KINT 4312                        | Senior Seminar                    | 3          |
| KINT 4330                        | Motor Learning                    | 3          |
| KINT 4360                        | Measurement and Evaluation        | 3          |
| <b>Elective Courses</b>          |                                   | <b>3</b>   |
| <i>Concentration</i>             |                                   |            |
| Select one of the concentrations |                                   | 21         |
| <b>Total Hours</b>               |                                   | <b>120</b> |

<sup>1</sup> Excess hours applied to Required Major Courses.

## Concentrations

### Option 1: Professional Education Certification

| Code      | Title  | Hours |
|-----------|--|-------|
| READ 3326 | Content Area Reading                           | 3     |
| PEDG 2310 | Introduction to Teacher Education              | 3     |
| PEDG 3330 | Understanding English Learners                 | 3     |
| PEDG 3380 | Secondary Curriculum and Methodology           | 3     |
| PEDG 4620 | Clinical Teaching                              | 6     |
| PEDG 4340 | Managing Early Childhood Classroom Environment | 3     |

### Option 2: Non-Certification Track

| Code      | Title                                   | Hours |
|-----------|---|-------|
| KINT 2374 | Psychology of Sport                     | 3     |
| KINT 3371 | Principles of Coaching                  | 3     |
| KINT 3322 | Strength & Conditioning                 | 3     |
| KINT 3324 | Metabolic Effects of Sport and Exercise | 3     |
| KINT 4380 | Contemporary Issues in Sports           | 3     |
| KINT 4340 | Sport Administration                    | 3     |
| KINT 4341 | Sport Practicum                         | 3     |

### Option 1: Physical Education Certification Program (PETC)

| Course                         | Title                                  | Hours        |
|--------------------------------|--|--------------|
| <b>First Year</b>              |  |              |
| <b>Fall</b>                    |  |              |
| ENGL 1301                      | Composition I                          | 3            |
| MATH 1314                      | College Algebra(Non-Calculus)          | 3            |
| HIST 1301                      | U S History I 1763-1877                | 3            |
| BIOL 2401                      | Anatomy and Physiology I               | 4            |
| KINT 1301                      | Introduction to Kinesiology            | 3            |
|                                |  | <b>Hours</b> |
|                                |  | <b>16</b>    |
| <b>Spring</b>                  |  |              |
| ENGL 1302                      | Composition II                         | 3            |
| HIST 1302                      | U S History II Since 1877              | 3            |
| BIOL 2402                      | Anatomy and Physiology II              | 4            |
| Creative Arts                  |  | 3            |
| Social and Behavioral Sciences |  | 3            |
|                                |  | <b>Hours</b> |
|                                |  | <b>16</b>    |
| <b>Second Year</b>             |  |              |
| <b>Fall</b>                    |  |              |
| KINT 2376                      | Care and Prevention of Sports Injuries | 3            |
| POLS 2301                      | Intro to American Government I         | 3            |
| KINT 2371                      | Functional Anatomy/Physiology          | 3            |
| Communication                  |  | 3            |

|                                  |  |            |
|----------------------------------|--|------------|
| Language, Philosophy and Culture |  | 3          |
| <b>Hours</b>                     |  | <b>15</b>  |
| <b>Spring</b>                    |  |            |
| POLS 2302                        | Intro/American Government II                         | 3          |
| KINT 2377                        | Lifetime Physical Activity                           | 3          |
| MATH 1342<br>or PSYC 2317        | Statistics<br>or Introduction to Statistical Methods | 3          |
| KINT 3320                        | Management Skills                                    | 3          |
| KINT 3370                        | Motor Development                                    | 3          |
| <b>Hours</b>                     |  | <b>15</b>  |
| <b>Third Year</b>                |  |            |
| <b>Fall</b>                      |  |            |
| PEDG 2310                        | Introduction to Teacher Education                    | 3          |
| KINT 3330                        | Exercise Physiology                                  | 3          |
| KINT 3130                        | Exercise Physiology Lab                              | 1          |
| KINT 3360                        | Secondary Methods and Activities                     | 3          |
| KINT 2378                        | Applied Fitness Concepts                             | 3          |
| KINT 3390                        | Elementary Methods and Activities                    | 3          |
| <b>Hours</b>                     |  | <b>16</b>  |
| <b>Spring</b>                    |  |            |
| PEDG 3300                        | Human Development and Learning                       | 3          |
| KINT 3310                        | Wellness Strategies                                  | 3          |
| KINT 3315                        | Biomechanics   | 3          |
| KINT 4310                        | Curriculum and Programming                           | 3          |
| KINT 3350                        | Inclusive and Adaptive Physical Education            | 3          |
| <b>Hours</b>                     |  | <b>15</b>  |
| <b>Fourth Year</b>               |  |            |
| <b>Fall</b>                      |  |            |
| PEDG 3380                        | Secondary Curriculum and Methodology                 | 3          |
| PEDG 4340                        | Managing Early Childhood Classroom Environment       | 3          |
| KINT 4312                        | Senior Seminar                                       | 3          |
| KINT 4330                        | Motor Learning                                       | 3          |
| <b>Hours</b>                     |  | <b>12</b>  |
| <b>Spring</b>                    |  |            |
| KINT 4360                        | Measurement and Evaluation                           | 3          |
| READ 3326                        | Content Area Reading                                 | 3          |
| PEDG 4620                        | Clinical Teaching                                    | 6          |
| Elective                         |  | 3          |
| <b>Hours</b>                     |  | <b>15</b>  |
| <b>Total Hours</b>               |  | <b>120</b> |

## Option 2: Physical Education Non-Certification Program (PETN)

| Course                         | Title                         | Hours     |
|--------------------------------|-------------------------------|-----------|
| <b>First Year</b>              |                               |           |
| <b>Fall</b>                    |                               |           |
| ENGL 1301                      | Composition I                 | 3         |
| MATH 1314                      | College Algebra(Non-Calculus) | 3         |
| HIST 1301                      | U S History I 1763-1877       | 3         |
| BIOL 2401                      | Anatomy and Physiology I      | 4         |
| KINT 1301                      | Introduction to Kinesiology   | 3         |
| <b>Hours</b>                   |                               | <b>16</b> |
| <b>Spring</b>                  |                               |           |
| ENGL 1302                      | Composition II                | 3         |
| HIST 1302                      | U S History II Since 1877     | 3         |
| BIOL 2402                      | Anatomy and Physiology II     | 4         |
| Creative Arts                  |                               | 3         |
| Social and Behavioral Sciences |                               | 3         |
| <b>Hours</b>                   |                               | <b>16</b> |

|                                  |  |            |
|----------------------------------|--|------------|
| <b>Second Year</b>               |  |            |
| <b>Fall</b>                      |  |            |
| KINT 2376                        | Care and Prevention of Sports Injuries               | 3          |
| POLS 2301                        | Intro to American Government I                       | 3          |
| KINT 2371                        | Functional Anatomy/Physiology                        | 3          |
| Communication                    |  | 3          |
| Language, Philosophy and Culture |  | 3          |
| <b>Hours</b>                     |  | <b>15</b>  |
| <b>Spring</b>                    |  |            |
| POLS 2302                        | Intro/American Government II                         | 3          |
| KINT 2377                        | Lifetime Physical Activity                           | 3          |
| KINT 2374                        | Psychology of Sport                                  | 3          |
| MATH 1342<br>or PSYC 2317        | Statistics<br>or Introduction to Statistical Methods | 3          |
| KINT 3320                        | Management Skills                                    | 3          |
| <b>Hours</b>                     |  | <b>15</b>  |
| <b>Third Year</b>                |  |            |
| <b>Fall</b>                      |  |            |
| KINT 2378                        | Applied Fitness Concepts                             | 3          |
| KINT 3315                        | Biomechanics   | 3          |
| KINT 3322                        | Strength & Conditioning                              | 3          |
| KINT 3330                        | Exercise Physiology                                  | 3          |
| KINT 3130                        | Exercise Physiology Lab                              | 1          |
| KINT 3370                        | Motor Development                                    | 3          |
| <b>Hours</b>                     |  | <b>16</b>  |
| <b>Spring</b>                    |  |            |
| KINT 3310                        | Wellness Strategies                                  | 3          |
| KINT 3371                        | Principles of Coaching                               | 3          |
| KINT 3350                        | Inclusive and Adaptive Physical Education            | 3          |
| KINT 3324                        | Metabolic Effects of Sport and Exercise              | 3          |
| <b>Hours</b>                     |  | <b>12</b>  |
| <b>Fourth Year</b>               |  |            |
| <b>Fall</b>                      |  |            |
| KINT 3360                        | Secondary Methods and Activities                     | 3          |
| KINT 3390                        | Elementary Methods and Activities                    | 3          |
| KINT 4310                        | Curriculum and Programming                           | 3          |
| KINT 4312                        | Senior Seminar                                       | 3          |
| KINT 4330                        | Motor Learning                                       | 3          |
| <b>Hours</b>                     |  | <b>15</b>  |
| <b>Spring</b>                    |  |            |
| KINT 4360                        | Measurement and Evaluation                           | 3          |
| KINT 4380                        | Contemporary Issues in Sports                        | 3          |
| KINT 4340                        | Sport Administration                                 | 3          |
| KINT 4341                        | Sport Practicum                                      | 3          |
| Elective                         |  | 3          |
| <b>Hours</b>                     |  | <b>15</b>  |
| <b>Total Hours</b>               |  | <b>120</b> |